

PARENTING TEENS WITH SANITY AND DIGNITY

P.T.S.D. - A New Support Group for Parents with Challenging Teens Starting This Summer on Bainbridge Island

- Are you a parent with a challenging teen?
- Do you feel isolated and without resources?
- Would you like support from other parents?

Join us - we're parents just like you who have walked in your shoes. We'll share experiences, frustrations, success stories, and most importantly . . . **Support!!**

WHAT: P.T.S.D. PARENT SUPPORT GROUP
WHEN: Tuesday, June 29th ~ 7 to 8:30 pm
WHERE: Parent and Child Center (PCC)
403 Madison Ave. N. Suite 240 ~
Above Bainbridge Cinemas in the Pavilion

For more information:
Call: 206-451-7203
Email: ptsdbainbridge@gmail.com